

National Capital Region Walking Schedule 2013

	A	B	C	D	E	F
1	Day	Date	Walk / Location	Time	Type	Host
2	Tuesday	01/01/2013	New Year Wake-Up, New Balance Store, College Square	09:00 - 09:30	GW	Nomads
3	Sunday	06/01/2013	YRE 092 - Petro Can Service Station, 3095 Carling Ave	10:00	GW	Nomads
4	Saturday	12/01/2013	Gatineau Park - Snowshoe/Walk Mackenzie King Estate	09:30 - 10:00	GW	OVO
5	Saturday	19/01/2013	YRE 281 - Lighthouse, Shoppers Drug Mart, 1559 Alta Vista Dr	10:00	GW	OVO
6	Sunday	27/01/2013	YRE 100 - Mac's Milk, 299 Greenbank Rd	10:00	MW	Nomads
7	Saturday	02/02/2013	Winterlude Skate and Walk, Dows Lake Pavilion	09:00 - 10:30	MW, SKA	Nomads
8	Saturday	09/02/2013	OVO Annual General Meeting & Walk, Orleans Legion 800 Taylor Cr Dr	10:00 - 11:00	MW	OVO
9	Saturday	16/02/2013	Winterlude Walk - Casino du Lac-Leamy, 1 Boulevard du Casino, Gatineau	10:15 - 11:15	MW	OVO
10	Sunday	24/02/2013	YRE 272 - Bridgehead Coffee House, 362 Richmond Rd	10:00	GW	Nomads
11	Saturday	02/03/2013	YRE 147 - Mac's Milk, Greenboro Plaza, 25 Tapiola Crescent	10:00	GW	Nomads
12	Sunday	10/03/2013	YRE 277 - Champagne Bath, 321 King Edward St	10:00	MW	OVO
13	Sunday	17/03/2013	Luck of the Irish, Grace O'Malley's, 1541 Merivale Rd	09:00 - 10:30	MW	Nomads
14	Sunday	24/03/2013	YRE - YM/YWCA, 180 Argyle St, Ottawa	10:00	GW	OVO
15	Sunday	31/03/2012	EASTER SUNDAY			
16	Tuesday	02/04/2013	YRE 090 - Mac's Milk, 6138 Perth Street, Richmond	10:00	GW	Nomads
17	Thursday	04/04/2013	YRE 268 SPORT 4 151 Bank St, Ottawa ON	10:00	GW	OVO
18	Saturday	06/04/2013	Carp Caper, Huntley Community Centre, 8 Juanita St, Carp, ON	09:00 - 10:30	MW	Nomads
19	Tuesday	09/04/2013	YRE 130 - New Balance Store, College Square, 1371 Woodroffe Ave.	10:00	GW	Nomads
20	Thursday	11/04/2013	YRE 213 - Ultramar Service Station 6469 Jeanne d'Arc Blvd, Orleans, ON	10:00	GW	OVO
21	Tuesday	16/04/2013	YRE 148 - Shoppers Drug Mart, 1300 Main street, Stittsville	10:00	GW	Nomads
22	Thursday	18/04/2013	YRE 233 - Shoppers Drug Mart 2638 Innes Rd, Blackburn Hamlet	10:00	GW	OVO
23	Tuesday	23/04/2013	YRE 005 - The Exchange, Rideau Centre, corner of Sussex & Rideau	10:00	GW	Nomads
24	Thursday	25/04/2013	YRE 18 - Bob McQuarrie Recreation Complex 1490 Youville Dr Orleans ON	10:00	GW	OVO
25	Saturday	27/04/2013	Festival of Maples, Royal Canadian Legion, 26 Beckwith St. E. Perth	09:00 - 10:30	MW	Nomads
26	Tuesday	30/04/2013	YRE 030 - Nepean Sportsplex, 1701 Woodroffe Ave	10:00	GW	Nomads
27	Thursday	02/05/2013	YRE 152 Mac's Convenience/Gas Bar 1600 Forest Valley Dr at Orleans Blvd	10:00	GW	OVO
28	Tuesday	07/05/2013	YRE 003 - Kanata Leisure Centre, 70 Aird Place, Kanata	10:00	GW	Nomads
29	Wednesday	08/05/2013	World Walking Day, Hog's Back Park, under the Gazebo	18:00 - 19:00	EMW	Nomads
30	Thursday	09/05/2013	YRE - 050 Ray Friel Centre , 1585 Tenth Line Rd Orleans	10:00	GW	OVO
31	Saturday	11/05/2013	Move Your Feet so Kids Can Eat, Orléans-Cumberland Resource Centre	10:00 - 11:00	MW	OVO
32	Tuesday	14/05/2013	YRE 054 - Mac's Milk, 5511 Manotick Main Street, Manotick	10:00	GW	Nomads
33	Thursday	16/05/2013	YRE 273 RA Centre 2451 Riverside Dr, Ottawa ON	10:00	GW	OVO
34	Saturday	18/05/2013	Tulip Festival - RA Centre 2451 Riverside Dr	09:00 - 12:00	MW	OVO
35	Sunday	19/05/2013	Tulip Festival - Major's Hill Park, Mackenzie Ave	09:00 - 10:00	MW	OVO
36	Monday	20/05/2013	Tulip Festival - RA Centre 2451 Riverside Dr	09:00 - 12:00	MW	OVO
37	Tuesday	21/05/2013	YRE 100 - Mac's Milk, 299 Greenbank Rd	10:00	GW	Nomads
38	Thursday	23/05/2013	YRE 195 - The Hill Butcher Shop, 2339 Ogilvie Rd, Beacon Hill, Ottawa	10:00	GW	OVO
39	Saturday	25/05/2013	Discover Western Quebec - Parc national de Plaisance, QC	09:00 - 10:30	MW	OVO
40	Tuesday	28/05/2013	YRE 272 - Bridgehead Coffee House, 362 Richmond Rd	10:00	GW	Nomads
41	Thursday	30/05/2013	YRE 027- YM/YWCA 180 Argyle St Ottawa ON	10:00	GW	OVO
42	Friday	31/05/2013	Bus Trip - Finger Lakes NY		GW	OVO
43	Saturday	01/06/2013	Bus Trip - Finger Lakes NY		GW	OVO
44	Saturday	01/06/2013	West Riverside Park Canteen, Moira Street East, Belleville	09:00 - 09:30	VM	Argosy
45	Sunday	02/06/2013	Bus Trip - Finger Lakes NY		GW	OVO
46	Wednesday	05/06/2013	South Keys, Royal Oak, 800 Hunt Club Rd (at Uplands Drive)	18:00 - 19:00	EMW	Nomads
47	Saturday	08/06/2013	Dickinson Days, Hard Stones Grill, 5511 Main Street, Manotick	09:00 - 10:30	MW	Nomads
48	Tuesday	11/06/2013	Discover Orleans - Broadway, 1968 Portobello, Orleans	18:00 - 19:00	EMW	OVO
49	Saturday	15/06/2013	Athen's Painted Houses Walk - Centennial Park, Athens, ON	09:00 - 10:00	MW	Kingston
50	Wednesday	19/06/2013	Kanata Krawl, Barley Mow, 700 March Road, Kanata	18:00 - 19:00	EMW	Nomads
51	Saturday	22/06/2013	Honouring French Heritage, 300 des Peres Blancs, Vanier	09:00 - 10:00	MW	OVO
52	Tuesday	25/06/2013	Grace O'Malley's, 1151 Ogilvie Rd, Ottawa	18:00 - 19:00	EMW	OVO
53	Sunday	30/06/2013	Canada Day Eve, Heart & Crown, 347 Preston St.	18:00 - 19:00	EMW	Nomads

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54	Monday	01/07/2013	Canada Day Walk - YM/YWCA, 180 Argyle St Ottawa	08:30 - 09:30	MW	OVO
55	Wednesday	03/07/2013	Britannia Breeze, Busters, Lincoln Fields Shopping Centre	18:00 - 19:00	EMW	Nomads
56	Saturday	06/07/2013	Riverside Rumble, Broadway Bar & Grill, 665 Earl Armstrong Road	09:00 - 10:30	MW	Nomads
57	Tuesday	09/07/2013	Rideau River Walk - RA Centre, 2451 Riverside Dr, Ottawa	18:00 - 19:30	EMW	OVO
58	Saturday	13/07/2013	President's Pace & BBQ, Maki Park	09:00 - 10:30	MW	Nomads
59	Wednesday	17/07/2013	Barrhaven West, Royal Oak, 4110 Strandherd Dr, Barrhaven	18:00 - 19:00	EMW	Nomads
60	Saturday	20/07/2013	Richmond Rumble, Sammy Boy's Pancake House & Restaurant, 6179 Perth St, Richmond, ON	09:00 - 10:30	MW	Nomads
61	Tuesday	23/07/2013	New Edinburgh Pub, 1 Beechwood, Ottawa	18:00 - 19:00	EMW	OVO
62	Saturday	27/07/2013	Smiths Falls Scurry, Best Western Inn, 88 Lombard St, Smiths Falls	09:00 - 10:30	MW	Nomads
63	Wednesday	31/07/2013	Whispering Winds, Whispers Pub, 249 Richmond Rd.	18:00 - 19:00	EMW	Nomads
64	Saturday	03/08/2013	National Capital Walkfest, Royal Oak, 188 Bank Street	08:30 - 13:00	MW+	Nomads
65	Sunday	04/08/2013	National Capital Walkfest, Royal Oak, 188 Bank Street	08:30 - 13:00	MW+	Nomads
66	Monday	05/08/2013	National Capital Walkfest, Royal Oak, 188 Bank Street	08:30 - 13:00	MW+	Nomads
67	Tuesday	06/08/2013	Petrie Island Tour - Orleans Legion, 800 Taylor Creek Dr, Orleans	18:00 - 19:00	EMW	OVO
68	Sunday	11/08/2013	23rd Annual Walk; Kingston Rotary Park	9:00 - 10:00	MW	Kingston
69	Wednesday	14/08/2013	Centrum Curve, Sports 4, 400 Earl Grey Dr, Kanata Centrum	18:00 - 19:00	EMW	Nomads
70	Saturday	17/08/2013	Fitzroy Flip, Community Centre, 100 Clifford Campbell St., Fitzroy Harbour	09:00-10:30	MW	Nomads
71	Tuesday	20/08/2013	Camillio's Bar & Grill, 902 Shefford Rd, Beacon Hill, Ottawa	18:00 - 19:00	EMW	OVO
72	Saturday	24/08/2013	More Days Walk - TBA	9:00	GW	OVO
73	Sunday	25/08/2013	More Days Walk - TBA	9:00	GW	OVO
74	Wednesday	28/08/2013	Experimental Farm Explorer, Lone Star, 780 Baseline Rd	18:00 19:00	EMW	Nomads
75	Tuesday	03/09/2103	YRE 092 - Petro Can Service Station, 3095 Carling Ave	10:00	GW	Nomads
76	Thursday	05/09/2013	YRE 214 -Shell Service Starion, 1 Montreal Rd, Ottawa	10:00	GW	OVO
77	Saturday	07/09/2013	29th Annual Volksmarch, Orleans Legion, 800 Taylor Creek Dr, Orleans	09:00 - 10:30	MW	OVO
78	Tuesday	10/09/2013	YRE 123 - Pharma Plus, Hazledean Mall, Kanata	10:00	GW	Nomads
79	Thursday	12/09/2013	YRE 281- Lighthouse - Shoppers Drug Mart, 1559 Alta Vista Dr, Ottawa	10:00	GW	OVO
80	Saturday	14/09/2013	OIWF - Volunteer Walk, Ron Kolbus Centre	10:00	MW	OIWF
81	Tuesday	17/09/2013	YRE 193 - Dinty's Restaurant, 620 Aylmer Road, Aylmer, Quebec	10:00	GW	Nomads
82	Thursday	19/09/2013	Harvest Moon, Chances R,1365 Woodroffe Ave, College Square	18:00 - 18:30	EGW	Nomads
83	Saturday	21/09/2013	OIWF - Weekend 5 -10 km Walks	12:30 - 13:00	MW	OIWF
84	Sunday	22/09/2013	OIWF - Weekend - Walks	07:00 - 12:00	MW	OIWF
85	Tuesday	24/09/2103	YRE 290 - Sobey's, 1581 Greenbank Road, Barrhaven	10:00	GW	Nomads
86	Thursday	26/09/2013	YRE 152 - Mac's Convenience Store, 1600 Forest Valley Drive	10:00	GW	OVO
87	Friday	27/09/2013	Bus Trip - TBD			Nomads
88	Saturday	28/09/2013	Bus Trip - TBD			Nomads
89	Sunday	29/09/2013	Bus Trip - TBD			Nomads
90	Tuesday	01/10/2013	YRE 147 - Mac's Milk, Greenboro Plaza, 25 Tapiola Crescent	10:00	GW	Nomads
91	Thursday	03/10/2013	YRE 213 - Ultramar Service Station 6469 Jeanne d'Arc Blvd, Orleans	10:00	GW	OVO
92	Saturday	05/10/2013	NCC Fall Rhapsody Walk - TBA	09:00 - 10:30	MW	OVO
93	Sunday	06/10/2013	Merrickville Artist Tour, Community Health Centre, 354 Read St	09:00 - 10:30	MW	Nomads
94	Tuesday	08/10/2013	YRE 003 - Kanata Leisure Centre, 70 Aird Place, Kanata	10:00	GW	Nomads
95	Thursday	10/10/2013	YRE 050 - Ray Friel Centre, 1585 Tenth Line Rd	10:00	GW	OVO
96	Saturday	12/10/2013	Autumn Leaves Breakfast March, St Monica's, 2080 Merivale Rd	09:00 - 11:00	VM	Nomads
97	Monday	14/10/2013	THANKSGIVING			
98	Tuesday	15/10/2013	YRE 090 - Mac's Milk, 6138 Perth Street, Richmond	10:00	GW	Nomads
99	Thursday	17/10/2013	YRE 214 - Shell Service Station, 1 Montreal Rd	10:00	GW	OVO
100	Saturday	19/10/2013	Soft Shoe Shuffle, Royal Canadian Legion, 4026 Richmond Rd	09:00 - 10:30	MW	Nomads
101	Tuesday	22/10/2013	YRE 130 - New Balance Store, College Square, 1371 Woodroffe Ave.	10:00	GW	Nomads
102	Thursday	24/10/2013	YRE 195 - The Hill Butcher Shop, 2339 Ogilvie Rd	10:00	GW	OVO
103	Tuesday	29/10/2013	YRE 148 - Shoppers Drug Mart, 1300 Main street, Stittsville	10:00	GW	Nomads
104	Thursday	31/10/2013	YRE 273 - RA Centre, 2451 Riverside Drive	10:00	GW	OVO
105	Saturday	02/11/2013	2013- Ottawa Clubs - Volunteer Appreciation Walk & Lunch - TBD	10:00	MW	OVO
106	Saturday	09/11/2013	YRE 005 - The Exchange, Rideau Centre, corner of Sussex & Rideau	10:00	GW	Nomads
107	Monday	11/11/2013	YRE 277- Champagne Bath, 321 King Edward St - Remembrance Day	10:00	GW	OVO
108	Sunday	17/11/2013	YRE 027- YM/YWCA 180 Argyle St Ottawa ON	10:00	GW	OVO
109	Saturday	23/11/2013	YRE 030 - Nepean Sportsplex, 1701 Woodroffe Ave	10:00	GW	Nomads
110	Sunday	01/12/2013	YRE 018 - Bob McQuarrie Recreation Centre, 1450 Youville, Orleans	10:00	MW	OVO
111	Saturday	07/12/2013	YRE 054 - Mac's Milk, 5511 Manotick Main Street, Manotick	10:00	GW	Nomads
112	Saturday	14/12/2013	Christmas Lights - Holiday Inn, 2 Princess St Kingston ON	16:30 - 17:30	MW	Kingston
113	Sunday	15/12/2013	Christmas Lights - D'Arcy McGee's, 260 Place Centrum, Orleans	18:00	EMW	OVO